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There is growing awareness of the benefits of considering sex and gender in health research. This awareness should be reflected in reporting guidelines, which recommend the minimum elements required to report scientific data and are used by researchers, funders, and journal editors. In this manuscript, Gogovor and colleagues conducted a systematic review of published reporting guidelines listed on the EQUATOR website from inception until December, 2018. They found that although the use of sex and gender terms in checklists increased over time, only 57.7% of guidelines mentioned at least one sex- or gender-related word. Only one reporting guideline met three criteria for correct use of sex and gender concepts. The authors recommend strategies to improve guidelines, such as encouraging journal editors to provide guidelines for transparent reporting of sex and gender.