

With **DAYS** to go before **OSSD 2023**...Take a few minutes to read our top tips to help prepare you for your trip to Calgary, Alberta, Canada.

Before you depart

If you need to change or cancel your room? [Hyatt Calgary Cancellation Policy](#)

If you are sharing a room, please immediately make sure your name is on the reservation. This will ensure a smoother check-in process and will come in handy if there is an emergency, or you get locked out of the room. **Most importantly, you MUST download our Whova app to have access to the program.** Printed programs will not be provided.

[Download WHOVA Here](#)

Also don't forget...

- Online check-in for your flight 24 hrs prior to your departure
- [TSA approved ID and/or passport](#) and business cards (no cards-no problem, you can exchange contact information through our Whova app)
- Chargers and/or Canadian adapters

Useful info

Sunday, May 7

PWHR / SWHR Pre-Conference, 12:00 PM - 3:00 PM

Opening Reception, 6:00 PM - 7:00 PM

Trainee Networking Event, 7:00 PM - 8:00 PM

Monday, May 8

Arthur P. Arnold Distinguished Lecture, 8:30 AM - 9:45 AM

Trainee Lunch, 11:45 AM - 1:15 PM

Poster Session I, 5:00 PM - 7:00 PM

Tuesday, May 9

EDI Luncheon, 11:45 AM - 1:15 PM

Poster Session II, 5:00 PM - 7:00 PM

Wednesday, May 10

Capstone Lecture, 8:30 AM - 9:45 AM

Awards Reception, 6:00 PM - 8:00 PM

Poster Presenters

- Please plan to display your poster (Maximum size: 8 feet Wide x 4 feet Tall / 2.4 meters Wide x 1.2 meters Tall), with push pins) during the lunch break or afternoon break on the day of your session.
- ALL posters should be displayed no later than 3:30 pm.
- Please check your presentation date and poster number on the [final program](#).
- You are required to be present in front of your poster during the entire poster session.
- Please promptly remove your poster after your poster session. Posters left behind will be discarded.

Oral Presenters

- During breaks, please submit your presentation on a thumb drive (e.g. jump drive, flash drive, USB stick) to the Chairperson of your session who will upload your slides, in the room where your presentation takes place. It will be pre-loaded to the conference laptop, at which time you can review your slides.
- Oral presentations should be compatible with a PC. For Mac users, please be sure your presentation is compatible with a PC prior to your arrival.
- Please arrive at least 20 minutes prior to your presentation. To keep our full schedule on time, it is the duty of the Chairperson to stop any speaker who is going over their time limit.

Everyone, including guests, is required to wear their own name badge during educational and social events. Certificates of Attendance will be emailed if requested following the meeting.

Conference Hotel & Location

Hyatt Regency Calgary
700 Centre Street SE
Calgary, Alberta T2G 5P6 Canada
Phone +1 403 717 1234

Ride Sharing

Maps, Parking and Transportation

Parking

Stay connected

OSSD Annual Meeting App – Whova. Download Whova to stay updated at all times! You **MUST** sign-up on Whova with the same e-mail address you used when registering for the meeting.

- navigate the agenda
- view attendee and speaker lists
- exchange business cards
- post messages to invite others for a morning run, dinner, or even to split a cab
- touch base with the meeting organizers

Wi-Fi

Complimentary basic Wi-Fi is available in guest rooms and meeting space.

Contact Us

You will be able to find Dawn and Marianne at the registration desk as well as all the meeting events. We can be reached by sending us a message in the Whova app or by email. In case of emergency, contact Marianne at 210-827-7372.

#OSSD2023 #OSSDtweets #SexDifferences

Share your pics, videos and stories on Twitter and Facebook...and get social with OSSD 2023!

Explore

Be friendly to your feet! View the [floor map](#) to get acquainted with the meeting spaces. Many thanks to Dr. Matthew Hill for the following dining recommendations around Calgary:

[Where to Eat and What to See](#)
[Area Attractions](#)

Keep warm, stay cool

Morning: Sunrise around 6:00 am with cooler temperatures in the mid 40's F (4.4°C).

Daytime: Calgary weather in May is typically low 60's.

Inside: Pack for cool and comfort, but business appropriate for all educational sessions. The conference rooms will be comfortable with air-conditioning, so wear layers or bring a sweater or light wrap in case you get chilly.

Night: Sunset around 8:30 pm with cooler temperatures in the mid 50's F (10°C).

If travelling to the mountains / Banff, plan to take a jacket as it is cooler and weather changes rapidly.

If you have any questions or concerns, please reach out to the [OSSD Central Office](#). **We look forward to seeing you soon in Calgary!**

Dawn & Marianne
OSSD Central Office